



Sunbeam School



Annapurna, Bhagwanpur, Indiranagar, Lahartara, Sarnath, Suncity, Varuna & Knowledge Partners

[COVID-19 ASSIGNMENT SHEET]

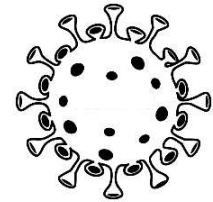
Class-II

Name Sec. Roll No. Date

Note:-Please take a printout of the assignment.

{Novel Coronavirus}

The coronavirus, which started in the Chinese city of Wuhan, on 22nd January 2020 has already killed around 3,000 people from around the world. Countries affected include China, America the UK and Italy. It has also spread to many other places like Pakistan, Japan, Korea and Thailand. World Health Organization (WHO) has declared Coronavirus as PANDEMIC and a global health emergency.



SYMPTOMS



Fever



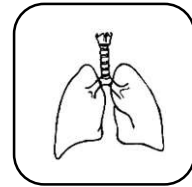
Cough



Tiredness



Muscle Pain



Difficulty in Breathing

TRANSMISSION

Via Respiratory Droplets

2-14 days estimated incubation period

HOW IT SPREADS

Coronavirus mostly spreads from an infected person to others through

- Air, by coughing and sneezing
- Close personal contact, such as touching or shaking hands or contact with contaminated surfaces.

Write True or False (T/F) for the following statements regarding prevention and treatment of Coronavirus:

- ☞ Attend public gathering.
- ☞ Avoid contact with sick people.
- ☞ Do not wash your hands with soap and water.
- ☞ Cover your mouth and nose when coughing and sneezing.
- ☞ If you develop cough, use a medical face mask.
- ☞ Wherever you travel apply general hygiene rules.



8 STEPS TO CLEAN YOUR HANDS



Match the words to their meaning –

- (1) Cough
- (2) Fever
- (3) Virus
- (4) Bacteria
- (5) Contagious
- (6) Illegal
- (7) Cure
- (8) Pandemic
- (9) Hospital
- (10) Sneeze

- (a) Can be passed on easily by physical contact.
- (b) To release air from the mouth with a sharp sound
- (c) Forbidden by law and is a criminal act
- (d) Bacteria that causes infection and makes us sick
- (e) A disease spread all around the world.
- (f) To release air from the nose
- (g) Lots of small germs
- (h) To have a high body temperature
- (i) A place you go when you are sick
- (j) To stop or relieve an illness

RUMOURS & FACTS

➤ **RUMOUR:** Garlic intake can help in curing COVID-19

FACT: WHO says there's no evidence that eating garlic can protect people from the new coronavirus.



➤ **RUMOUR:** COVID-19 can survive up to 12 hrs on metal, 9 hrs on clothes and 10 minutes on the human hand.

FACT: According to WHO, there is no evidence if Coronavirus may remain on surfaces for a few hours or up to a few days, this may vary under different conditions like type of surface, temperature or humidity of the environment.

➤ **RUMOUR:** COVID-19 is nothing worse than winter flu.

FACT: Current estimates of a roughly 1% fatality rate of COVID-19, it is about 10 times deadlier than seasonal flu.



➤ **RUMOUR:** Hot temperatures will stop the COVID-19 outbreak.

FACT: "It is not known whether the spread of COVID-19 will decrease when the weather becomes warmer.



➤ **RUMOUR:** Wearing a face mask prevents from getting infection by COVID-19

FACT: WHO and CDC recommend:
(i) Wear a mask if you show COVID-19 symptoms (especially coughing) or in close contact with someone infected with COVID-19. (ii) People with no respiratory symptoms do not need to wear a medical mask. (iii) Sole use of the mask is insufficient for an adequate level of protection.



➤ **RUMOUR:** Gargling with luke-warm water and salt prevents COVID-19

FACT: In a press release, UNICEF has also clarified that the message circulating on social media is not true.



Take precautionary measures and be safe.

NOTE: Complete the assignment and hand it over to the class teacher of your new class

on first day of school.